

# 2<sup>nd</sup> ArtWell NET project meeting

## *Arts as a way to make sense of the world*

**20th and 21st of April 2026, Szczecin, Poland**

[REGISTRATION LINK](#)

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### **PROGRAMME**

**DAY 1: 20<sup>TH</sup> OF APRIL 2026**

**LOCATION:** Marshal Office of Westpomeranian Region,  
Piłsudskiego 40 Dolphin Room, 70-421 Szczecin, Poland



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Institute**

<b>12:00-13:00</b>	<b>Registration &amp; Light lunch</b>
<b>13:00-13:20</b>	<b>Welcome speech</b> (Available on-line) <b>Krzysztof Żarna</b> - Department of Territorial Cooperation and Tourism, Westpomerania Region <b>Elias Sandling</b> - Sunderby Folk High School
<b>13:20-14:00</b>	<b>Toolbox for link-workers and art-facilitator</b> (Available on-line) <b>Dr. Ernests Pūliņš-Cinis</b> - physician-psychotherapist at the Rīga Stradiņš University, Clinic of Psychosomatic Medicine and Psychotherapys
<b>14:00-14:45</b>	<b>Experts input</b> (Available on-line) <b>Krzysztof Żarna</b> - Moderator <b>Anna Prokopczuk-Kwapniewska</b> - Certified music therapist, Poland <b>Maryana Kodina</b> - Actress, director, educator, founder of the Solomiya Theatre, Director of the Department of Culture and Tourism, Kołomyja, Ukraine <b>Marie Tuveesson</b> - Art Facillitator, Region Norbotten, Sweden <b>Edyta Ruta</b> - coordinator of the "Culture and Health" program, PASMO Social Resilience Institute, Poland
<b>14:45-15:15</b>	<b>Coffee and Wellbeing break</b> <b>Katarzyna Szewciów</b> - cultural animator and bodywork facilitator combining dance therapy and relaxation techniques with international projects at the Baltic Sea Cultural Centre in Gdańsk.
<b>15:15-16:00</b>	<b>Workshop: Toolbox discussion</b>
<b>16:00-17:00</b>	<b>Workshop: Arts on Prescription in practice</b> <b>Paweł Kula</b> - Visual arts
<b>19:00:23:00</b>	<b>Networking dinner</b>

**PROGRAMME**  
**DAY 2: 21<sup>TH</sup> OF APRIL 2026**

**LOCATION:** Academy of Art in Szczecin,  
Orła Białego 2, 70-562 Szczecin, Poland



<b>09:00-11:00</b>	<b><u>Study visit to the Academy of Art in Szczecin</u></b>
<b>11:15-12:15</b>	<b><u>Joint visit (optional): "Upheavals" Dialogue Centre</u></b>
<b>12:30-13:30</b>	<b>A light farewell lunch</b>